



# Yin Yang Symbol

by Mark Myers  
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This pattern requires a ball and shuttle of black and white. Also knowledge of the fagoting stitch to do the fill in.

Load shuttle with white thread.

LR, 13p sep by 2ds, cl r, rw

ch, 30p sep by 2ds

Tie to make a small joining picot at the end. Cut.

Load shuttle with black thread.

LR, 13 p sep by 2ds, cl r, rw

ch, 2-2+(to second picot of white chain)6p sep by 2ds,

join to last small picot of white chain, 21p sep by

2ds.

Join to 9th picot of white chain.

Now for the fagoting stitch which will fill in the area between the rings and chains. Cut a length of both black and white thread. With the white thread, tie the end to a picot of the white ring. With the fagoting stitch, go back and forth filling in the area until you have reached the end of the white chain. Do the same procedure for the black side.